

RUN FOR THE MIND

BTR Community Run • Saturday 10 October 2026
Every step matters.

The run

- **5K** — one distance, run it or walk it
- **All ages**, walkers welcome
- **Flag-off** [time] • BTR
- Route shared on registration

On the day

- Mental-health awareness booths
- Expert talks
- Music at the start and finish
- **Finisher medal and certificate**

With

- BTR community
- Local NGOs
- Schools and colleges
- Health professionals

₹1,500
ENTRY FEE

Includes your run T-shirt, finisher’s medal and certificate, hydration on route and at the finish, and a bib. Proceeds support mental-health awareness in BTR.

Registration QR

Register now

Scan, or write to [registration email]
[website] • [Instagram]